

**Hosted by UNI's
Counseling Center**



Sista Circle

Women of Color Support Group

This group is a safe place for those students who identify as women of color. In this group we will engage in open dialogue related to what it means to be a women of color on a predominately white campus. Within this group we will provide support, process experiences, and address general mental health concerns as needed. In addition to our regular sessions we will occasionally invite women of color who successfully navigate their career field to share their experiences. Let's get together to relax, relate, and release!

Location: CME
Start Date: Wednesday January 29, 2020
Time: 5:30 pm to 7:00 pm
Meeting times: Biweekly on Wednesdays
Contact: Shantila Caston 319-273-2676



